



2009 Community lectures

WELLNESS LECTURE SERIES

Saturday, June 13, 2009 10:00am-11:30pm

NUTRITION & EXERCISE



Speaker: **Leslie Bernstein, PhD**

Professor and Director of Cancer Etiology, City of Hope and Chair, California Teachers Study, will discuss her pioneering work examining the effects of exercise and weight in relationship to lowering your risk for breast cancer and recurrence.

One of her major interests has been to examine the effects of physical activity on breast cancer risk, and more recently, on prognosis, as well as identify other lifestyle factors that are amenable to behavioral intervention.

Join Dr. Bernstein to learn how Exercise and Nutrition can lower your risk for breast cancer and recurrence.

Location: Kinecta Conference Center, 2100 Park Place, 1st Floor, El Segundo CA 90249

Saturday, October 3, 2009 10:00-11:30am

HIGH RISK GENETICS, Surveillance & Fertility Preservation



Speakers: **Carey Cullinane, MD, MPH & Karine Chung, MD**

Dr. Cullinane, Director, Cancer Risk & Prevention program at Long Beach Memorial Medical Center



Dr. Chung, Assistant Professor of OB/GYN Reproductive Endocrinology and Fertility, USC/Keck School of Medicine.

Fertility issues and genetic risk factors will be addressed at this comprehensive discussion

Location: Kinecta Conference Center, 2100 Park Place, 1st Floor, El Segundo CA 90249

Saturday, November 7, 2009 10:00-11:30am

SURGERY & RECONSTRUCTION



Speakers: **Helen Mabry, MD & Jay Orringer, MD**

Dr. Mabry, Breast Surgeon, Breastlink at the Breast Care & Imaging Center of Orange County and Manhattan Beach



Dr. Orringer, Reconstructive Surgeon, Renaissance Medical Center for Aesthetic Surgery

This lecture will present options including skin sparing mastectomy, oncoplasty as well as reconstructive options.

Location: Kinecta Conference Center, 2100 Park Place, 1st Floor, El Segundo CA 90249

Special Thanks to



FREE to the public, SIGN-UP TODAY RSVP (310) 927-7606 or paul@bccrf.org

Please visit our NEW website www.breastcancercare.org for information, events and meeting updates